

www.india-at-melbourne.com.au



VERMAAZ
HAIR & BEAUTY SALON

WE DO

- Facial
- Threading
- Waxing
- Eyebrow Tinting
- Heena Treatment
- Manicure & Pedicure
- Hair Cutting & Colouring

OPEN 7 DAYS

690 GLEN HUNTLY ROAD, CAULFIELD SOUTH - 3162
03 9523 1113, 04 3363 2310
vermaazcaulfield@gmail.com

MY CUP OF TEA



I do not know as to when I first saw a cup and where was I offered a cup of tea and by whom?

For several days I have tried to recollect it but have failed again and again. You might think I am uneducated, forgetful or suffering from memory loss. It is none of these factors. Frankly speaking, I hold a postgraduate degree from Delhi University and have attained additional qualifications from an International Institute, possess sound physical and mental health. At 80 years of age I don't think I am old. If Sachin can score "Century of Centuries" in cricket why can't I make a single century in age? Medical specialists who are the "Umpires" have told me "Your BP is all right; your sugar level is fine and your heart is pretty young." In fact I lived in a town called Shorkot in West Punjab (now in Pakistan) till I was 16 years in age. Poverty and simplicity were

then the common assets of an average family and people could only afford Roti, subzi or Dal and cold water from an earthen pot called a "pitcher". Having migrated to independent India in 1947, I thereafter settled in Rohtak (now in Haryana). During my four years of education, I did not get a chance to visit the college canteen. I do not yet know what was served there. In the year 1951 I got a chance to attend a training camp of the National Cadet Corps at Ambala for two weeks. It is only there that tea was served to us in metallic glasses during our breakfast

A year later after my graduation I joined the Delhi University to complete my Master's Degree in a residential college called Delhi School of Social Work. It was only at that stage in the year 1952 that I was served tea in a cup of china clay. I have observed many families in North India who were domesticated till late

1950's tea did not attain the popularity it has now reached. Besides the affordability it remained a very big question of quickly boiling the water when needed. Till early 1960's it was only coal which was used for cooking in the urban areas and the cow dung cakes in rural areas. In course of time the LPG gas cylinders, electricity and the quick heating systems were acquired in the kitchen and with it tea as a drink and a popular form of hospitality became more common.

I like tea and must have consumed thousands of cup of tea in my life but I have failed to comprehend what is a "Standard Cup of Tea" in terms of Taste, Flavour, Sugar content, Quantity and its Temperature level. In India largely the components involved are ---water, tea leaves, milk and sugar but why is it that tea prepared by different members of the

same family is different in taste, flavour and acceptability? I know many girls at marriageable age are traditionally required to prepare and serve tea to the guests during the course of screening of the marriage proposals. I wonder many to be mother-in-laws must have rejected proposals of daughter-in-laws to be on the basis of incompetence of the young girls to serve good tea. I am sure the innocent girls cannot be blamed—it's just the absence of adequate standardisation and its practice.

I discussed the matter of quantification of the various components and selection of tea leaves with a group of thirty ladies visiting my house for a party. We couldn't reach any conclusion. I have observed the tea plantation and processing industry has standardised the amount of tea leaves input for a cup of tea in the form of tea bags whereas for sugar and milk quantification we may have to refer the matter for adjudication to the W.H.O. In the meantime however we can continue with the practice of boiling the available components in whatever proportion we like and serve it to the guests in whatever size of cups you like from 200mL-350mL at boiling hot, Luke warm or at room temperature. I am hospitable by nature and it's my pleasure to receive guests, make them sit comfortably and offer them a cup of tea after asking "Would you like it with milk or without?" "Would you like it with sugar or not- if yes how much?"

Keeping in mind my values for a cup of tea that promotes energy, hospitality, good will and acceptability, Mrs Seema Gupta a young lady in our neighbourhood has earmarked a special low capacity cup to offer me tea every time I visit her. I have always expressed my gratitude for that. I even enjoy a small cup which suits my requirements! Mrs Gupta gave me a ring this Sunday asking me "uncle you haven't come to meet us for the last two weeks"? I told her don't worry I am coming in the evening to have "My cup of tea".



J.L. Malhotra
11- Australia Drive,
Taylors Lakes - 3038
Tel: 94490113

ਲਾਟਰੀ ਨਾ ਨਿਕਲਣ ਤੇ ਖਰਚਾ ਵਾਪਸ ਦੀ ਗਰੰਟੀ, ਪੂਜਾ ਪਾਠ ਕਰਵਾਉਣ ਤੋਂ ਬਾਅਦ ਤੁਹਾਡੀ ਲਾਟਰੀ ਕਿਉਂ ਨਹੀਂ ਨਿਕਲਦੀ ਸੱਚਾਈ ਜਾਣੋ

ਹਰ ਸੱਚਿਆ ਦਾ ਸਮਾਪਨ 65 ਡਾਲਰ ਵਿੱਚ
ਨੂਰੀ, ਜੂਰੀ, ਸਿਪਲੀ, ਕਾਲੇ ਇਲਮ ਦੇ ਮਾਹਿਰ

ਸ਼ੰਭੂ ਨਾਥ ਬੰਗਾਲੀ



ਕਾਲੀ ਸ਼ਕਤੀ ਦੇ ਬੇਤਾਜ ਬਾਦਸ਼ਾਹ ਹਰ ਸੱਚਿਆ ਦਾ ਸਮਾਪਨ 70 ਮਿੰਟ ਵਿੱਚ

ਆਪਣੀਆਂ ਕਠਿਨ ਤੋਂ ਕਠਿਨ ਸੱਚਿਆਵਾਂ ਜਿਸ ਤਰ੍ਹਾਂ-ਕਾਰੋਬਾਰ, ਪਤੀ ਪਤਨੀ 'ਚ ਅਣਬਣ, ਵਿਦੇਸ਼ ਯਾਤਰਾ, ਪ੍ਰੇਮ ਵਿਵਾਹ, ਸ਼ਾਦੀ 'ਚ ਦੇਰੀ, ਗ੍ਰਹਿ ਕਲੇਸ਼, ਸੰਤਾਨ ਸੁੱਖ, ਮਨਚਾਹਾ ਵਸ਼ੀਕਰਨ, ਮਨਚਾਹੀ ਸ਼ਾਦੀ ਕਰਵਾਓ, ਧੰਨ ਦੀ ਬਰਬਾਦੀ, ਕਰਜ਼ਾ ਮੁਕਤੀ,

ਨੌਟ-ਲਾਟਰੀ ਦਾ ਨੰਬਰ ਦੇਣ ਵਿੱਚ ਬੇਤਾਜ ਬਾਦਸ਼ਾਹ

ਦੇਸ਼ ਵਿਦੇਸ਼ ਵਿੱਚ ਬੈਠੇ ਚੈਲੇਂਜ ਦੇਣ ਵਾਲੇ ਖੁਦਾ ਨਹੀਂ ਉਹ ਇਨਸਾਨ ਹਨ। ਭੋਲੇ ਭਾਲੇ ਲੋਕਾਂ ਨੂੰ ਗੁਮਰਾਹ ਕਰਨ ਵਾਲੇ ਮੇਰੇ ਤੋਂ ਪਹਿਲਾਂ ਹਰ ਸੱਚਿਆ ਦਾ ਹੱਲ ਕਰਕੇ ਦਿਖਾਓਣ।

ਦੁਖੀ ਭੈਣਾ ਧਿਆਨ ਦੇਣ- ਕਿ ਤੁਹਾਡੇ ਪਤੀ ਜਾਂ ਪ੍ਰੇਮੀ ਨੂੰ ਕਿਸੇ ਨੇ ਵੱਸ ਵਿੱਚ ਰੀਤਾ ਹੈ ਤਾਂ ਤੁਰੰਤ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ

ਮੁਕੱਦਮੇ 'ਚ ਹਾਰ ਜਿੱਤ ਆਦਿ ਸਾਰੀ ਸੱਚਿਆ ਦਾ ਹੱਲ 5 ਘੰਟੇ 'ਚ ਕਰਵਾਓ।

ਵਿਦੇਸ਼ ਵਿੱਚ ਪੱਕੇ ਹੋਣ ਲਈ ਦਰ-ਦਰ ਦੀਆਂ ਠੱਕਰਾਂ ਖਾ ਰਹੇ ਨੌਜਵਾਨ ਇਕ ਵਾਰ ਜ਼ਰੂਰ ਸੰਪਰਕ ਕਰੋ

Scf 35,
Sector-23,
Chandigarh

* ਨੌਹ ਸੱਸ * ਪਤੀ ਪਤਨੀ ਵਿੱਚ ਅਨਬਣ * ਧਿਆਨ ਵਿੱਚ ਧੋਖਾ * ਧੰਨ ਵਿੱਚ ਰੁਕਾਵਟ * ਕਰਜ਼ੇ ਤੋਂ ਆਜ਼ਾਦੀ * ਲਾਟਰੀ ਵਿੱਚ ਜਿੱਤ

ਮਨਚਾਹੀ ਇਸਤਰੀ-ਪੁਰਸ਼ ਪ੍ਰਾਪਤ ਕਰਨ ਦੀ ਗਰੰਟੀ

ਮੋਬਾਇਲ ਨੰ. +91-98159-52598